

You have the right to feel better today than you did yesterday.

## AROMA THERAPY OILS

**AROMAS NATURALS** has created a line of environmental air freshening diffuser jars made with essential oils. Use them everywhere, at home, office, car.....!

The diffuser's sponge is made of biodegradable fibers. This makes a perfect air freshener which duration may vary from 4 to 6 months depending on the atmospheric conditions and the volatility of certain aromatic molecules. For example: eucalyptus, lemon and orange are the most volatile.

Easy to use, just breathe in! You will benefit of the advantages by the evaporation and diffusion made naturally. Make sure you open the jar carefully not to spill the liquid and keep it out of children's reach.

An integral, environmental friendly product manufactured in accordance to the EEC, USA and IFRA & RIFM regulations. **International Certificate ISO 9001.**

**AROMAS NATURALS** congratulates you for your decision on making positive changes in your lifestyle. We are pleased to present you the 112-gr jar offered in a variety of 16 comforting essences. To some extent, anyone can be an aroma- therapist. From the beauticians who use botanicals and essential oils in their cosmetics, to family members using Eucalyptus in various rubs for colds.

Now you too can change the mood of your environment simply by opening an **AROMAS NATURALS** diffuser jar, to fragrance the room of your choice.

The use of essential oils is not recommended during pregnancy. (Especially Rosemary)

### REGULATE MOOD THROUGH INHALATION.

Aromatherapy is an ancient science that uses essential oils in therapy by inhalation. This practice has been used since the day our ancestors understood the benefits of breathing different fragrances in their fields. Smell is the only sense that reaches the brain faster than blood does.

Every scent is perceived directly to the brain via the olfactory nerve. This nerve is connected through the nasal cavity, to the olfactory bulb and the limbic system of the brain. In fact, the brain is the center of emotions and memory and it registers aromas twice as fast as it does pain. This is why the inhalation of aromas can so powerfully transform your emotions.

- ❖ Scientific studies prove that inhaling certain aromas can immediately affect the central nervous system.
- ❖ International research suggests that aromatherapy can increase productivity, memory and relaxation.
- ❖ Aroma-therapeutic products can benefit you by creating positive feelings that influence physical changes in the body.

**Timeless Holistic Healing Method** (By inhalation only)  
Inhalation of specific aromatic molecules of certain essential oils is an effective way to treat nose, throat and lung ailment. Their solubility in the air makes it easy to be inhaled so the biochemical properties of the aromatic molecules easily reach the bronchial system. Those molecules provoke the expectoration of the bronchial secretions therefore relieving congestion of the bronchi.

### USE AROMATHERAPY IN YOUR ENVIRONMENT

Each and every one of our fragrances exudes a vibrant and dynamic personality. Combine several jars and you will be amazed at the results. Like a symphony of music and colors...experience the harmony of nature in action!

Essential oils by their characteristics have the power to identify to each proper personality. The oils define the atmosphere in the comfort of your home, your office or in the intimacy of your car, especially during those long commute trip....they bring protection for your respiratory track in addition to soothing and relaxing your spirit.

### HOW TO USE OUR PRODUCT:

The essential oil is mixed in a canola oil base and suspended in a sponge. Occasionally put the cover on the jar and turn upside down to re-saturate the sponge. You may leave the cover off continuously to provide a constant aroma. Always clean spills immediately from wood surfaces.

## MUSCLE MIST

Muscle Mist is an herbal spray bringing temporary relief to pain caused by Arthritis, Fibromyalgia, Headache, Muscle Pain, sore aching feet and More. Muscle Mist is non-greasy and leaves a soothing aroma.

Directions: Spray directly on any sore area of the body for pain. It helps reduce inflammation and if there has been a restricted blood flow to the area due to inflammation, the blood flow can be restored and then helps to loosen tight, sore muscles. Do not spray on open wounds. For external use only. Avoid eye contact.

## MIGRAINE KIT



Combine our Muscle Mist and Rosemary Oil for natural relief of migraines. When you notice your first warning signs, mist your neck and shoulders with Muscle Mist. (Muscle Mist reduces inflammation and restores blood flow.) Then take deep breaths of rosemary oil and do this for approximately 10 minutes or until the pain subsides. Instructions included with purchase.

**PLEASE NOTE:** These indications are not intended for medical diagnosis or treatment. Always consult your physician. The Food and Drug Administration have not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent any disease.

## PRODUCT PRICING

Lg Oils – 112 grams .....	\$25.00
Lg. Decorative Ceramic Lid .....	\$5.00
Sm Oils – 35 grams .....	\$13.00
Sm. Decorative Ceramic Lid .....	\$4.00
Migraine Kit .....	\$23.00
2 oz. Muscle Mist .....	\$10.00
8 oz Muscle Mist .....	\$27.00
32 oz. Muscle Mist .....	\$86.00

*Plus shipping*

**APPLE**

Memory booster. Excellent inhibitor of undesirable odors. Moth and mite repellent.

**BERGAMOT**

Great for anxiety, depression & stress related conditions. Has refreshing uplifting quality. Helps with flu & sinus inflammation (great with Lavender and Ylang-Top).

**CINNAMON**

Stimulates, encourages and uplifts. Helps in cases of stress and relation blockage. Atmospheric antiseptic.

**CITRONELLA**

Good for headaches, fatigue, migraines and neuralgia. Combined with Rosemary it will get rid of the Asian beetles. Excellent atmospheric purifier. Odor inhibitor and mild aphrodisiac.

**EUCALYPTUS**

Purifies the atmosphere. Eucalyptus helps with coughs, asthma, bronchitis and allergies. Highly recommended expectorant for smokers.

**GRAPEFRUIT**

Very good dietary aide for appetite suppression. Useful in cases of depression, headaches, nervous exhaustion and performance stress.

**JASMINE**

Stimulates and enhances harmony. Produces feelings of confidence. Useful in case of apathy, inertia and indifference. Powerful inhibitor of undesirable odors.

**LAVENDER**

Excellent sleep aid (insomnia). For high blood pressure, PMS, menstrual cramps, headaches, depression, nausea, anxiety, aches & pains, fibromyalgia, sciatica & vertigo, travel sickness, some migraines, nervous tension, stress-related conditions. Soothing. Antidepressant - relaxing.

**LEMON**

Useful for cold, flu, flu fever, infections. Helps with asthma, bronchitis. Great antiseptic.

**MANDARIN**

Excellent for overactive minds and insomnia. Helps with anxiety and stress in adults & children. Good for morning sickness. Also boosts children's immune system. Great with Lavender.

**MARJORAM**

Helps prevent snoring. Strengthens the nervous system. Reinforces the EUCALYPTUS action in combating respiratory ailments. Effective in cases of bronchitis, asthma, sinus headaches, coughs. Ask me for directions regarding the snoring.

**MINT**

Tones up, stimulate, revitalize and refreshes. Helps with headaches, stress and nausea. Eliminates tobacco odors. With lemon, helps weight control.

**ORANGE**

Used for nervous tension, anxiety, obsessiveness. Good for bronchitis, chills (great with Vanilla; helps fight colds and flu when mixed with Cinnamon.)

**PATCHOULY**

Relaxes acute anxiety. Helps check food cravings. For nervous exhaustion, frigidity, aphrodisiac (great with Ylang-Top).

**PEPPERMINT**

Stimulates and detoxifies. Great expectorant, antiseptic and refreshing. Mental fatigue, vertigo

**PINE**

Use for colds, effects of flu, sinusitis, nasal congestion, stress, insomnia. Very good expectorant. (Great with Lavender).

**ROSE**

Acts as antidepressant, aphrodisiac, inhibitor of odors. Good for menopausal & menstrual symptoms, hot flashes, hay fever, asthma, coughs, headaches, nervous tension, stress-related disorders & insomnia.

**ROSEMARY**

Relief for Migraines. For stress, nervous tension, poor circulation, coughs, colds, asthma, bronchitis, sinus problems, memory BOOSTER, rheumatism. Insect repellent. Ask for directions for Migraine usage.

**SANDALWOOD**

Used for dry persistent coughs, laryngitis, sore throat, insomnia, stress, depression (blends well with Patchouli). Aphrodisiac.

**SMOKELESS**

A blend of Rosemary, Marjoram, Eucalyptus and Spearmint. Excellent for helping the respiratory effects of smoking. Good for bronchitis, asthma, coughs and catarrh.

**VANILLA**

Odor inhibitor, aphrodisiac, stress reducer. Creates feeling of well-being, relaxation (blends well with Cinnamon and Orange).

**VIOLET**

Good for dizziness, headaches, insomnia and nervous exhaustion. Aides in mouth and throat infections, bronchitis and catarrh.

**YLANG-TOP**

Useful for stress nervous tension, depression, frigidity, impotence, insomnia, anger. Helps with mental focus. Good for A.D.D.

# Aromas Naturale



## *Aromatherapy Essential Oils*

### *Muscle Mist*

*Made by Country Connections-St Andrews, MB*

### *Migraine Kits*

### **C/D Enterprises**

*Dealers of Aromatherapy Products and Muscle Mist*

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